Supplements That Are Helpful For Supporting Pancreatic, Digestive and Insulin Receptor-site Function
SP Purification Program

What Does it Do?

- Cruciferous Vegetables Encourage A P450 Enzyme Reaction, Increasing Estrogen Clearance
- Not Typically Low Carb, but Prepares One for Low Carb
- Patients May Lose Weight
- Teaches Your Patients To Eat Regularly and Wholesomely
Healthy Blood Sugar

- Eat Less Carbs
- Eat Regularly
- Exercise to Increase Insulin Sensitivity
- Supplements:
  - Diaplex — 2 with Each Meal
  - Gymnema — 1-2 Pills, with Each Meal or 3x/Day
  - Tuna Oil Perles/Calamari Liquid — Support Normal Lipid Profile, Supports Natural Inflammatory Response
Blood Sugar Support

Diaplex®

• Stomach, Pancreas And Gallbladder Support
• Contains Zypan, AF Betafood, Arginex
• Betacol
• Pituitrophin And Pancreatrophin
Gymnema Sylvestre and Insulin Resistance

• Has demonstrated the ability to reduce insulin requirements\(^1\)
• Decreases fasting blood sugar\(^2\)
• Enhances the action of insulin\(^3\)
• Regenerates pancreatic beta cells\(^4\)

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1 Shanmugasundaram ERB, et al. Use of Gymnema sylvestre leaf extract in the control of blood glucose in insulin-dependent diabetes mellitus.
   *J Ethnopharmacol* 1990;30:281-294

2 Persaud SJ, Al-Majed H, Raman A, Jones PM. Gymnema sylvestre stimulates insulin release in vitro by increased membrane permeability.

   *J Ethnopharmacol* 1983;7(2):205-234

   *J Ethnopharmacol* 1990;30:265-279
More Blood Sugar Support

Additional Supplements

Zinc Liver Chelate — Zinc is used by insulin receptors, used in tons of enzymes

- Do Liquid Zinc Test to Determine Need
- 1 Teaspoon, Hold in Mouth, Count Seconds Until Taste
- Pass if Tasted Immediately, Deficient if Slow to Taste, > 10 Seconds = Zinc Deficiency

Cataplex B — Important in energy metabolism, nervous system

- Depleted with refined carb intake
- For need, check section 8 of symptom survey
More Blood Sugar Support

Cataplex GTF — Glucose Tolerance Factor (Chromium) — Used by Insulin Receptors

Magnesium Lactate — Magnesium Suppresses Insulin Secretion\(^1,2\), Increases Insulin Sensitivity\(^1\), Used for Tons of Enzymes

- Affects Sleep, Muscle Cramps, Stress, Seen on Blood Test
- Dosage 6 Per Day, for Up to 3 Months, Possibly Longer

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